# Appendix A

## Pair Activity: What to Pack?

**Instructions:** Erica Arteseros from San Francisco Fire Department in the U.S. is invited to a local news program to talk about earthquake preparedness. She gives feedback on the news program manager's (Gretchen) emergency bag (also known as "emergency kit"). You and your partner will read parts of the transcript from the news program. The names of items in Gretchen's emergency bag are removed from the transcript. Discuss with your partner and guess the names of the items. The answers will be shared later in the class.

#### Transcript 1

Let's start with number one, the **[item 1]**. She (Gretchen) put **[item 1]** in her kit and that is the number one thing we need if we are preparing for an earthquake. We'll have trouble with **[item 1]** in and **[item 1]** out, so having drinking **[item 1]** is critical.

#### Transcript 2

She (Gretchen) has also put some **[item 2]** in her kit. We'll all be hungry. The dehydrated **[item 2]** is great because you want to be able to carry your kit, and it's very light. But do keep in mind that you'll need a little extra water for that.

#### Transcript 3

And Gretchen also put a **[item 3]** in her kit. For the wildfires and from earthquakes so there might be debris in the air. Not everyone is a good fit to wear a **[item 3]**, so check with your doctor if you have any breathing problems.

#### Transcript 4

She (Gretchen)'s got a **[item 4]** in her bag. And I just want to encourage everyone to not only have a mini **[item 4]** but have extra gauze and tape in your bag that you can use for cuts and bruises after an earthquake.

#### Transcript 5

Sanitation. We've talked about water in and water out. When you are using potter potties or other austere conditions having some **[item 5]** is really critical in terms of sanitation, toilet paper, as well as hand sanitizer.

#### Transcript 6

I've talked with Mary (announcer) and she has her cute **[item 6]** on today. And we've talked about if you need to walk home or if you end up staying at work for a couple of days, having some **[item 6]**. And so, Gretchen has some tied on her comfortable **[item 6]** with dry clean socks.

## **Appendix B**

### **Group Activity: What's in My Emergency Bag?**

Discuss with your group members and list items that you should pack in your bag based on your group's assigned social demographic. Be ready to share your list to the class and provide helpful feedback to other groups' list.

### **Group Assignment**

Group A: Senior citizens Group B: Parents with children under 3 years old Group C: International exchange students

